

## ACTIVITIES OF THE WEEK

### **Sunday, April 28:**

6:30pm Bridegroom Service

### **Monday, April 29:**

6:30pm Bridegroom Service

### **Tuesday, April 30:**

6:30pm Bridegroom Service

### **Wednesday, May 1:**

10:30am Sacrament of Holy Unction

3:30pm Sacrament of Holy Unction

6:30pm Nyptira Service and Anointing with Holy Unction

### **Thursday, May 2:**

8:30am Great Vespers and Divine Liturgy of St. Basil - The Mystical Supper

6:30pm Holy Passion Service

### **Friday, May 3:**

9:00am Royal Hours

3:00pm Apocathelosis – Removal from the Cross

6:30pm Lamentations - Epitaphios

### **Saturday, May 4:**

9:00am Great Vespers and Divine Liturgy of St. Basil (Proti Anastasi)

11:00pm The Canon and The Proclamation of the Resurrection followed by the Paschal Divine Liturgy

### **Sunday, May 5:**

**Pascha Sunday**

11:00am The Agape Vespers Service

Easter Egg Hunt following the service

## STEWARDSHIP 2024

*We appreciate our Stewards - our Saints  
Constantine and Helen Church Family.*

*Your Stewardship gift reflects your appreciation  
for God's many blessings.*

### Stewardship 2024 Update:

*As of April 26th, Stewardship gifts have been  
received from 390 individual / families totaling  
\$228,628.95. Our GOAL is \$425,000.00*

*Some of the donations represent fulfillment of  
their total pledge, while many others have begun  
their weekly, monthly or other scheduled  
donation. We are so thankful for all our Saints  
Constantine and Helen Stewards. If you have not  
submitted your stewardship, please do so to help  
us reach our goal. †††*

## MEMORIALS

*† Memorials are not celebrated from  
Palm Sunday through  
the Sunday of St. Thomas (May 12th) †  
Inclusive*

## SACRAMENTS

### **BAPTISM**

**We welcome the following into the  
Orthodox Faith and we pray that God grant  
him many, many years!**  
*Saturday, April 27, 2024 at 4:30pm*  
*Noah Stilianos, son of*  
*Angela and Phillip Koperdowski*  
*Sponsor: Maria Eve Pappas*

## SCHOLARSHIPS

The St. Helen Women's Philoptochos will be awarding two High School Scholarships in the amount of \$1,500.00 to Seniors in our parish. We welcome all High School Senior to apply by May 19th. Winners will be announced on June 9th at Graduation Sunday. Good Luck to all! Feel free to apply at:  
<https://www.stconstantinehelen.org/s/St-Helen-Womens-PhiloptchosScholarship-Requirements-and-Application-Process-2024docx-2.pdf>

*We wish to extend a sincere thank you  
to our parishioners who have  
generously donated to the many needs  
of our church during this  
Great Lent and Holy Week.*

*Fr. Chris Avramopoulos, Fr. Nicholas  
Dahdal, together with the President  
and Members of the Parish Council  
extend to our entire Parish Family a  
Happy and Blessed Pascha*



**Saints Constantine and Helen Greek Orthodox  
Church**

## THE WEEKLY CHURCH BULLETIN

**Father Chris Avramopoulos, Pastor**  
**Father Nicholas Dahdal, Associate Priest**

11025 S. Roberts Road, Palos Hills, IL 60465

Phone (708) 974-3400 Fax (708) 974-0179

[www.stconstantinehelen.org](http://www.stconstantinehelen.org)

**SUNDAY, April 28, 2024**

Κυριακή 28η Απριλίου 2024

PALM SUNDAY

ΚΥΡΙΑΚΗ ΤΩΝ ΒΑΙΩΝ

Today's Readings

Αποστ : Φίλιπ. 4:4 -9

Epistle: Phil. 4: 4-9

Ευαγγ: Ιωαν 12:1-18

Gospel: John 12:1-18

## PALM SUNDAY

On the Sunday before the Feast of Great and Holy Pascha and at the beginning of Holy Week, the Orthodox Church celebrates one of its most joyous feasts of the year. Palm Sunday is the commemoration of the Entrance of our Lord into Jerusalem following His glorious miracle of raising Lazarus from the dead. Having anticipated His arrival and having heard of the miracle, the people went out to meet the Lord and welcomed Him with displays of honor and shouts of praise. On this day, we receive and worship Christ in this same manner, acknowledging Him as our King and Lord.

Five days before the Passover, Jesus came from Bethany to Jerusalem. Having sent two of His disciples to bring Him a colt of a donkey, Jesus sat upon it and entered the city. People had gathered in Jerusalem for the Passover and when they heard that Christ was entering the city, they went out to meet Him with palm branches, laying their garments on the ground before Him, and shouting, "Hosanna! Blessed is He that comes in the Name of the Lord, the King of Israel!"

At the outset of His public ministry, Jesus proclaimed the kingdom of God and announced that the powers of the age to come were already active in the present age (Luke 7:18-22). His words and mighty works were performed "to produce repentance as the response to His call, a call to an inward change of mind and heart which would result in concrete changes in one's life, a call to follow Him and accept His messianic destiny. The triumphant entry of Jesus into Jerusalem is a messianic event, through which His divine authority was declared.

Palm Sunday summons us to behold our king: the Word of God made flesh. We are called to behold Him not simply as the One who came to us once riding on a donkey, but as the One who is always present in His Church, always coming to us in power and glory at every Eucharist, in every prayer and sacrament, and in every act of love, kindness and mercy. He comes to free us from all our fears and insecurities, to take solemn possession of our soul, and to be enthroned in our heart. He comes not only to deliver us from our deaths by His death and Resurrection, but also to make us capable of attaining the most perfect fellowship or union with Him. He is the King, who liberates us from the darkness of sin and the bondage of death. Palm Sunday summons us to behold our King: the vanquisher of death and the giver of life.

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Palm Sunday summons us to behold our King: - the Suffering Servant. We cannot understand Jesus' kingship apart from the Passion. Filled with infinite love for the Father and the Holy Spirit, and for creation, in His inexpressible humility Jesus accepted the infinite abasement of the Cross. He bore our griefs and carried our sorrows; He was wounded for our transgressions and made Himself an offering for sin (Isaiah 53). His glorification, which was accomplished by the resurrection and the ascension, was achieved through the Cross.

In the fleeting moments of exuberance that marked Jesus' triumphal entry into Jerusalem, the world received its King, the king who was on His way to death. His Passion, however, was not a desire for martyrdom. Jesus' purpose was to accomplish the mission for which His Father sent Him.

### The Journey of Holy Week

*As we enter into the pinnacle of our Faith in these most Holy of days, walking in the footsteps of our Lord as He enters Jerusalem, He administers the Sacrament to His disciples, He prays at the Mount of Olives, He suffers the humiliation of arrest and accusation, He is placed on the Cross, and His Holy Resurrection, let us all be made worthy to experience these events in a whole new way – closer than ever to our Lord and Savior. May the Blessings of these days be upon all of us*



**ANASTASI LABATHES for PASCHA**  
*Beautifully handmade with love by Georgia Vouris*  
A portion of her proceeds will go to our beloved church. If you would like to purchase, they will be for sale today following Divine Liturgy and on April 21st and 28th. They will also be available during the week in the church office.

## ΕΟΡΤΟΛΟΓΙΟΝ ΜΕΓΑΛΗΣ ΕΒΔΟΜΑΔΟΣ ΚΑΙ ΠΑΣΧΑ - 2024



<< Τόν νυμφώνα σου βλέπω, Σωτήρ μου, κεκοσμημένον, καί ένδύμα ούκ έχω ίνα εισέλθω έν αύτώ λάμπρυνόν μου τήν στολήν τής ψυχής, φωτοδότα, καί σώσον με>>

Σήμερα το έσπέρας:  
Ώρα 6.30 μ.μ. - ' Ακολουθία του Νυμφίου



<< Τόν Νυμφίον, άδελφοι, άγαπήσωμεν, τάς λαμπάδας έαυτών αύτρεπίσωμεν, έν άρεταίς ελάμποντες καί πίστει όρθή>>

**ΜΕΓΑΛΗ ΔΕΥΤΕΡΑ** -29 Απριλιου  
Ώρα 6.30 μ.μ. - ' Ακολουθία του Νυμφίου



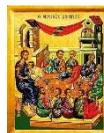
<< Κύριε, ή έν πολλαίς άμαρτίαις περιπεσοῦσα γυνή... μύρα σοι πρό του ένταφιασμου σου κομίζει >>  
(Τροπάριο Κασσιανής)

**ΜΕΓΑΛΗ ΤΡΙΤΗ** - 30 Απριλιου  
Ώρα 6.30 μ.μ. - ' Ακολουθία του Νυμφίου  
Τό τροπάριο τής Κασσιανής



<< Ο λίμνας καί πηγάς καί θαλάσσας ποιήσας, ταπεινωσινή μάς έπαιδεύων άρίστην, λεντίω ζωννύμενος, μαθητών πόδας ένιψε>>  
(Κάθισμα Μεγ. Τετάρτης)

**ΜΕΓΑΛΗ ΤΕΤΑΡΤΗ** - 1η Μαιου  
Ώρα 10.30 π.μ - ' Ακολουθία του Εϋχελαίου  
Ώρα 3.30 μ.μ. - ' Ακολουθία του Εϋχελαίου  
Ώρα 6.30 μ.μ. - ' Ακολουθία του Νιπτήρος, χρήσις Εϋχελαίου



Σήμερον κρεμάται επί ξύλου.

**ΜΕΓΑΛΗ ΠΕΜΠΤΗ** - 2 Μαιου  
Ώρα 8.30 π.μ. - Θεία Λειτουργία  
Ώρα 6.30 μ.μ. - ' Ακολουθία των Παθών του Κυρίου



< Καί ή γη έσεισθη καί αι πέτραι έσχίσθησαν >  
< ' Η Ζωή έν τάφω κατετέθης, Χριστέ >  
< Αί γενεαί πάσαι ύμνον τή ταφή σου προσφέρουσι, Χριστέ μου >

**ΜΕΓΑΛΗ ΠΑΡΑΣΚΕΥΗ** - 3 Μαιου  
Ώρα 9.00 π.μ. - Βασιλικαίς Ώραις  
Ώρα 3.00 μ.μ. - ' Αποκαθίλωσις  
Ώρα 6.30 μ.μ. - ' Επιτάφιος Θρήνος



<< Κύματι θαλάσσης τόν κρύψαντα πάλοι διώκτην τύραννον, υπό γής έκρυψαν των σεσωσμένων οι παιδες· άλλ' μεις ώς αι νεάνιδες τῷ Κυρίῳ άσωμεν· ενδόξως γάρ δεδόξασται <<

**ΜΕΓΑΛΟ ΣΑΒΒΑΤΟ** - 4 Μαιου  
Ώρα 9.00 π.μ. - Πρωτη Ανασταση  
Ώρα 11.00 μ.μ. - 1:30 π.μ. - ' Ο Κανων - Κυματι Θαλάσσης  
' Η τέλεση τής ΑΝΑΣΤΑΣΕΩΣ και έν συνεχεία Θεία Λειτουργία



ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ  
έκ νέκρων θανάτῳ θάνατον πατήσας,  
καί τοίς έν τοίς μνήμασι,  
ζωήν χαρισάμενος

**ΚΥΡΙΑΚΗ ΤΟΥ ΠΑΣΧΑ** - 5 Μαιου  
Ώρα 11.00 π.μ. - ' Εσπερινός' Αγάπης

Παρασκευή 10η Μαιου - ΖΩΟΔΟΧΟΥ ΠΗΓΗΣ Ώρα 9:00 π.μ. - ' Ορθρος καί 10:00 π.μ. Θεία Λειτουργία

Ο π. Χρηστος και ο π. Νικολαος, μαζί με τόν Πρόεδρο τής ένορίας καί τά μέλη του Διοικητικού Συμβουλίου, εϋχονται σε όλους χαρούμενο καί εϋλογημένο ΠΑΣΧΑ.